

BRIDGE FEVER BICYCLE TOUR - POUGHKEEPSIE TO NEW YORK CITY

WHEN: Saturday, June 23, 2007 at 8:00 a.m.

WHAT ROUTE:

The ride will start at the Civic Center Plaza on Market Street in Poughkeepsie, N. Y. at 8:00 a.m. and finish at Battery Park in New York City at approximately 6:00 p.m. The distance is either 91 miles as a direct ride, or an even “century” (100 miles) if you elect to lap Central Park. The route takes the riders across the Mid-Hudson Bridge, along the west side of the Hudson River to the George Washington Bridge and then along the east side of the Hudson River to Battery Park.

HOW DIFFICULT:

The pace will be moderate - there are rolling hills for portions of the ride but other portions are along level roads or bike paths adjacent to the Hudson River. It is easier than you think. Call for details if you are in doubt.

WHAT TO EXPECT:

A fully supported ride with “sag wagons” preceding and following riders. Sag wagons will have water, fruit, cheese and other supplies.

TRANSPORTATION BACK:

Return transportation will be provided for bicycles (a moving van will accommodate all bikes and bring them back to Poughkeepsie) - riders will either be provided with rides back to Poughkeepsie in cars, vans or on a bus.

POST-RIDE CELEBRATION:

After this fabulous ride, the celebration! Join your fellow riders at a party in New York City for completing the Poughkeepsie to New York City Challenge!

The party will run from 6:00 to 8:00 p.m., after which we anticipate being back to Poughkeepsie between 10:00 and 11:00 p.m.

COST: Your choice - either pay a \$100.00 entry fee or solicit donations from friends or neighbors of at least that amount. If you choose the latter keep your own list or call for a sponsor sheet. See below for a list of incentive gifts. Your entry fee (or donation) covers the ride, sag wagons, a commemorative t-shirt, the post-ride party, and the transportation back for rider and bicycle. A \$25.00 deposit will hold your place, with the balance of \$75.00 due by June 15, 2007.

Checks must be payable to the Walkway Over the Hudson. See registration form for more information. Sign up now, and we'll mail you information on “Shape-Up” rides that will be scheduled during April, May and June.

The Bridge Fever Bike tour from Poughkeepsie to New York City will help Walkway Over the Hudson raise funds to support its mission to convert the Poughkeepsie-Highland Railroad Bridge into a pedestrian walkway and bike path.

For more information contact Bike Tour Coordinator, Fred Schaeffer at 845-454-1190 or email at FredinHV@aol.com

POUGHKEEPSIE TO NEW YORK CITY BICYCLE TOUR
REGISTRATION FORM

Mail to: Walkway Over the Hudson, 9 Vassar Street, PO BOX 889, Poughkeepsie, NY 12601

Name: _____

Date of Birth: _____ (see below for requirement if rider is
under 18)

Address: _____

City: _____

State: _____ Zip: _____

Home Phone _____ Cell Phone _____

E-Mail (Print Clearly) _____ Work Phone _____

Fax: _____

Emergency Contact: _____

Amount Enclosed: \$ _____

(Please make checks payable to the Walkway Over the Hudson)

WAIVER OF LIABILITY: (each rider or guardian of rider under 18 must sign) I recognize I am riding at my own risk and release Walkway Over the Hudson and all organizers of the event from all claims arising out of this event.

Signature: _____

Parent Signature (if applicable): _____

P.S. A minor under 18 years of age must be accompanied on the ride by a parent or a parent-designated rider to accompany the minor.

WPDH has agreed to be a Gold Sponsor and will help us provide many of the amenities for riders as well as advertising for the ride.

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Some Extra Incentives:

If you are willing to raise money in addition to your minimum donation of the \$100.00 entry fee, we would like to offer you the following incentives!

An additional \$500.00

- Rider will receive a \$50.00 gift certificate from a local retail sporting or clothing store.

An additional \$1,000.00

- Rider will receive a \$100.00 gift certificate from a local retail sporting or clothing store.

An additional \$5,000.00

- Rider will receive a \$500.00 gift certificate from a local retail sporting or clothing store.

On the Thursday, prior to the ride, we will have a pre-ride carbo packing dinner at a local venue.